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● 10. Alpine Echoes	36	4		x	
11. Frère Jacques (Round)	37	4		x	
● 12. Freedom Train	38	4	x		x
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16. C Major Arpeggio Song	46	6			
● 17. Blue Bells of Scotland	47	6		x	
● 18. Sakura	49	6	x	x	x
19. Double Stops Roundabout	50	7			
20. Chanukah (Duet)	51	7	x	x	
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24. Martian Morse Code	59	8			
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● 26. Robin Hood’s in the Woods	61	8	x	x	
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● 27. Sleeping Beauty Waltz	63	9	x	x	x
28. Chorale (Duet)	65	9			
● 29. La Cucaracha	66	9		x	x
30. Rolling Roundabout	68	9			
● 31. Blow the Man Down	69	10		x	
32. The Old Woman and the Peddler	70	10		x	x

The shaded titles are Assessment songs.

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	33. Happy New Year (Round)	71	10		x	
●	34. Theme – Symphony No. 39	72	10	x	x	
	35. Artistry Fundamentals	73	10			
●	36. Do-Si-Do (Solo)	74	11	x		
UNIT II – 16th – Note Jamboree		76	12			
	PopCorn Rhythms	76	12			
	Low Middle Position (Bass)	76	12			
	37. D Major Scale (Trio)	76	12			
	38. D Major Arpeggio Song	78	12			
	39. Tune Teamwork (Duet)	79	12		x	
	Swingercise: Martelé Staccato	81	13			
	Swingercise: Meter Motor	81	13			
	40. C Major Martelé Meter Motor	82	13			
●	41. Theme – Symphony No. 94 (“Surprise”)	83	13		x	
●	42. London Bridge	84	13		x	
●	43. Mexican Hat Dance	85	13	x	x	x
	44. WriteRight Rhythms	87	13			
	Extended Middle Position (Bass)	87	14			
	45. WiggleWave	88	14			
	46. Rolling Hill Scale	89	14			
●	47. The Jolly Boatman	89	14	x	x	
	48. The Swans of Gmunden (Round)	91	14		x	
	Swingercise: Magic Matching Harmonics	92	15			
	49. Where is John? (Round)	93	15		x	
	50. Bridge at Avignon (Duet)	94	15		x	
●	51. Double Stop Martelé	95	15			
	52. Military Drum (Round)	96	15			x
●	53. The Winding Road	97	15	x		
	Rutabaga Rhythms	98	16			
	54. Sixteenth Notes in C	98	16			
	55. Sixteenth Notes in D	99	16			
●	56. Twinkle Variation	100	16			
	57. Frère Jiggles (Round)	101	16			
	58. WriteRight Rhythms	101	16			
●	59. Rockin’ D	102	17	x		
	60. Who Comes Laughing (Round)	103	17			
	61. See-Saw Song	104	17		x	
●	62. Old Joe Clark	105	17	x	x	
	Low 1 st Finger Pattern (Vln./Vla.)	107	18			
	Backward Extension (Cello)	107	18			
	Half Position With Flats (Bass)	108	18			
	63. Reaching Back – D String	108	18			
	64. Hot Cross Buns (Duet)	109	18			
	65. Reaching Back – G String	110	18			
●	66. Waltz of the Trolls	111	18	x		
	67. Reaching Back – A String	112	19			
	68. This Old Man	113	19			
●	69. The Changing Wind	114	19		x	
	70. Reaching Back – Violins and Basses	115	19			
	71. Water Ballet	116	19			
●	72. Skip to My Lou (adapted)	117	19	x	x	x
	Pepperloupe Rhythms	119	20			

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	73. Horse Trot	119	20			
	74. At the Race Track	120	20			
	75. The Reverse of the Opposite (Duet)	121	20			
●	76. Tirra Lirra Lou	122	20	x	x	
	77. WriteRight Rhythms	123	20			
	Fourth Position (Cello)	124	21			
	78. Gentle Breeze	124	21			
	79. Watch Your Half Step!	124	21			
●	80. Theme – Barcarolle (from “The Tales of Hoffman”)	126	21		x	
●	81. Bim Bom	126	21	x	x	x
●	82. Quirky Quickstep	128	21			
	83. F Major Scale	130	22			
	84. F Major Arpeggio Song	131	22			
●	85. Der Blaue Montag (Blue Monday)	132	22	x	x	x
	86. Sweetly Sings the Donkey (Round)	133	22			
●	87. Sunshine in Sicily	134	22	x	x	
	88. The Streets of Laredo	135	23		x	
●	89. Joe Turner	137	23		x	
●	90. Polly Wolly Doodle	138	23	x	x	
	91. Compose a Duet – Nothin’ but Rhythms	139	23			
	92. Fiddlin’ Frenzy (Ensemble)	139	24			x
	93. Artistry Fundamentals	149	25			
	UNIT III – Up, Up, and Away!	150	26			
	Beautiful Rhythms	150	26			
	94. Two-Fisted Ted (Duet)	150	26			
●	95. Theme – Symphony No. 9 (AABA)	152	26		x	
	96. Smooth Slur Trainer	154	26			
●	97. In the Bleak Midwinter (AABA)	154	26	x	x	
	98. Buffalo Ballet (Duet)	156	27			x
	99. Slide Whistle	158	27			
●	100. Lentil Soup	159	27		x	
●	101. Theme – Symphony No. 1	160	27	x	x	
	102. WriteRight Rhythms	161	27			
	Syncopation Rhythms	162	28			
	103. Syncopation Synchronization (Duet)	162	28			
	104. Donkey Gallop	163	28			
●	105. Li'l Liza Jane	164	28		x	
●	106. Theme – Hornpipe (from “Water Music Suite”)	165	28	x	x	
	Swingercise: Portato	166	29			
	Swingercise: Meter Motor	166	29			
	107. Portato Meter Motor C Major Scale	167	29			
	108. Canon	168	29		x	
	109. Portly Portato	169	29	x	x	
●	110. Theme – Symphony No. 4	170	29		x	
	111. All Through the Night (AABA)	171	30	x	x	
●	112. Listen to the Mockingbird	173	30		x	
	113. Scotland’s Burning (Round)	174	30		x	
●	114. Bile ’em Cabbage Down	174	30	x	x	x
	115. WriteRight Rhythms	176	30			
●	116. Crescent Moon Rising	176	31	x	x	x
●	117. America (God Save the King/Queen)	177	31		x	
	118. Portato Double Stops (Duet)	179	31			

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	119. Compose a Song	180	31			
	Third Position (Vln./Vla.)	181	32			
	120. Right on Target!	182	32			
	121. C Major Scale (Round)	182	32			
	122. The Curly Staircase	183	32			
	123. C Major Arpeggio Song	183	32			
●	124. Guiding Hand	184	32	x	x	
	125. G Major Scale	185	33			
	126. Missing-Tooth Whistle	186	33			
●	127. Les Petites Marionettes	187	33		x	
●	128. Arirang	187	33	x	x	
	129. Intonation Fascination	189	33			
	130. Scotland's Burning (Round)	190	33		x	
	Second Position (Cello)	191	34			
	131. Smooth Sailing	191	34			
	132. Staircase to Success	192	34			
	133. Little Daydreams	193	34			
	134. Those Evening Bells (Round)	193	34			
●	135. Simple Gifts (AABA)	195	34	x	x	x
	136. Lightly Row	197	35		x	
	137. O Come, Little Children (Duet)	198	35	x	x	
●	138. This Train	201	35		x	
	139. Artistry Fundamentals	202	35			
	High 3 rd Finger Pattern + 4 th Finger (Vln./Vla.)	203	36			
	Forward Extension (Cello)	203	36			
	Half Position With Sharps (Bass)	204	36			
	140. Look Sharp, Feel Sharp, Be Sharp!	204	36			
	141. Pierrot's Twin Sister (Duet)	205	36		x	
	142. Two-Key Tore Bjørn (Duet)	205	36		x	
●	143. Sharps on Parade	207	36			
	144. A Major Scale	208	37			
	145. A Major Arpeggio Song	209	37			
	146. Du, Du Liegst Mir Im Herzen	210	37		x	
●	147. Cielito Lindo	211	37	x	x	x
	148. Beyond Borders – A Medley of National Anthems (Ensemble)	214	38		x	
UNIT IV – Artistry Escalator		226	40			
	Low 1 st Finger Pattern + 4 th Finger (Vln./Vla.)	226	40			
	Shifting from the Backward Extension (Cello)	226	40			
	Half Position With Shifting (Bass)	227	40			
	149. The Floating Feather	227	40			
●	150. Almost Open	228	40			
	151. Hymn	229	40		x	
●	152. Siciliano	230	40			
●	153. Gentle Mother	231	40	x	x	x
	154. B \flat Major Scale	233	41			
	155. B \flat Major Arpeggio Song	234	41			
	156. O How Lovely Was the Evening (Round)	235	41			
●	157. A Capital Ship	236	41	x	x	
	158. Slippery String Whispershift	238	42			
	159. Slippery Waltz	239	42			
●	160. Shenandoah	239	42	x	x	
●	161. Pizzicato Polka	241	42		x	

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	162. Softly Now the Light of Day (Ensemble)	242	42		x	
●	163. Norwegian Dance	244	43		x	
	164. In the Style of the Ländler	245	43			
●	165. Reverie	247	43	x	x	
●	166. Jenny Lind Polka	249	43			x
	167. G Natural Minor Scale	251	44			
	168. G Melodic Minor Scale	252	44			
●	169. Go Down Moses	253	44	x	x	
●	170. Dance	255	44		x	x
	171. G Minor Double Stops	257	44			
	Dessert Rhythms	258	45			
	172. King of the Hill (Duet)	258	45			
●	173. Vive la Compagnie	259	45	x	x	
	174. My Boat's Got a Hole in It (Round)	261	45			
	175. The Hole is Fixed (Round)	261	45			
	176. WriteRight Rhythms	262	45			
	177. D Natural/Melodic Minor Scale	263	46			
	178. Michael Murphy's Melancholy Mood	264	46			
●	179. Hatikvah	265	46	x	x	
	Alla Breve Rhythms	266	47			
	180. Alla Breve in G	266	47			
●	181. Chester	268	47	x	x	
●	182. Theme – Bacchanale (from "Samson and Delilah")	270	47		x	
	183. WriteRight Rhythms	271	47			
	184. A Natural/Melodic Minor Scale	273	48			
	185. Octopus Minuet	274	48			
●	186. Scarborough Fair	275	48		x	
●	187. When Johnny Comes Marching Home	276	48	x	x	x
	Triplet Rhythms	278	49			
	188. Rhythm Mixer (op. 38 no. 76) (Duet)	278	49		x	
●	189. Minuet	279	49		x	
	190. Angry Maiden	280	49		x	
●	191. Triplet Blues	281	49	x		
	192. WriteRight Rhythms – Triplets	282	49			
	193. Chromatic Scale	283	50			
	194. Twister	284	50			
●	195. Theme – Habañera (from "Carmen Suite No. 2")	284	50	x	x	
●	196. Theme – Symphony in D Minor	286	50		x	
	197. Compose a Song	287	50			
●	198. La Folia	288	51	x	x	
●	199. When I Was a Lad (from "H.M.S. Pinafore")	289	51		x	
●	200. Theme – The Great Gate of Kiev (from "Pictures at an Exhibition")	290	51		x	x
●	201. Theme – Brandenburg Concerto No. 5	293	51	x	x	
	202. Five Variations on a Theme (Ensemble)	295	52			x
	203. Artistry Fundamentals	307	53			
●	Konzertstück (Violin Solo)	308	54	x		
●	Chanson (Viola Solo)	310	54	x		
●	Scherzetto (Cello Solo)	312	54	x		
●	Tarantella (Bass Solo)	314	54	x		
	Technique Pushups – Etudes	316	56			
	Etude #1	317	56			
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	Etude #5	321	57			
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