# #7: PLACE & LIFT

At the Middle



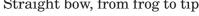
1. Place bow on D string. 2. Lift hand out and up, parallel to floor.

## At the Frog



1. Place bow between bridge and fingerboard.

Straight bow, from frog to tip!



At the Tip

- 2. Lift hand out and up; keep bow parallel to floor.
- 32. Lift & Place in 4







#### 16 34. Hippo Hop



## 35. Uplifting



### 36. G to G

