



Steps to Success:

- Place the pad of the thumb on the back of the instrument neck.
- Hover the fingers above the strings.
- Rock the fingers up and down above the strings while the thumb remains in contact with the back of the neck.
- The rocking motion should be a full arm rock and not an upper forearm twist.

Reminder: The pulse of all exercises should be ♩ = 70.

21.



22.

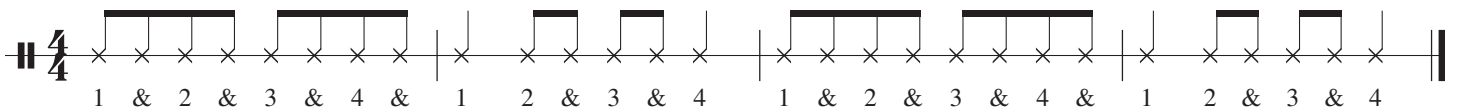


23.



VIDEO DEMO

24.



25.



113.

VIDEO DEMO

Exercise 113 consists of two staves of music in 4/4 time, key of D major. The first staff is for the E string and the second for the A string. Each staff has four measures. The first two measures of each staff are marked with a '1' and a '4' above them, indicating fingerings. The last two measures are marked with a '1' and a '2' above them. The notes are quarter notes, and there are 'x' marks on the strings in each measure, indicating where to place the fingers. The first staff is labeled '(E string)' and the second '(A string)'.

114.

VIDEO DEMO

Exercise 114 consists of two staves of music in 4/4 time, key of D major. The first staff is for the E string and the second for the A string. Each staff has four measures. The first two measures of each staff are marked with a '1' and a '4' above them, indicating fingerings. The last two measures are marked with a '2' above them. The notes are quarter notes, and there are 'x' marks on the strings in each measure, indicating where to place the fingers. The first staff is labeled '(E string)' and the second '(A string)'.

115.

VIDEO DEMO

Exercise 115 consists of two staves of music in 4/4 time, key of D major. The first staff is for the E string and the second for the A string. Each staff has four measures. The first two measures of each staff are marked with a '1' and a '4' above them, indicating fingerings. The last two measures are marked with a '2' above them. The notes are quarter notes, and there are 'x' marks on the strings in each measure, indicating where to place the fingers. The first staff is labeled '(E string)' and the second '(A string)'.

116.

Achieve a rhythmic and steady vibrato.

Exercise 116 consists of two staves of music in 4/4 time, key of D major. Each staff has four measures. The first measure of each staff is marked with a '1' above it, the second with a '4', the third with a '1', and the fourth with a '2'. The notes are half notes. The first staff is labeled '(E string)' and the second '(A string)'.