



Wrist Vibrato
Steps to Success:

- Place the viola in playing position.
- Locate the thumb to the opposite side of the neck.
- Place wrist against the upper bout of the instrument to isolate the wrist.
- Bend only from the wrist so it looks like you are waving to yourself.
- The vibrato motion is toward and away from your face. Do not rock the wrist from side to side!

6.

4/4

1 la li 2 la li 3 la li 4 la li Rest Rest Rest Rest etc...

Diagram 6: A musical staff in 4/4 time. The first measure contains four eighth-note triplets, each labeled with a '3' above it. The notes are '1 la li', '2 la li', '3 la li', and '4 la li'. The second measure contains four eighth-note rests, each labeled with a '3' above it. The third measure contains four eighth-note rests, each labeled with a '3' above it. The fourth measure contains four eighth-note rests, each labeled with a '3' above it. The staff ends with a double bar line.

7.

4/4

Diagram 7: A musical staff in 4/4 time. The first measure contains four eighth-note rests, each labeled with a '3' above it. The second measure contains four eighth-note rests, each labeled with a '3' above it. The third measure contains four eighth-note rests, each labeled with a '3' above it. The fourth measure contains four eighth-note rests, each labeled with a '3' above it. The staff ends with a double bar line.

8.

4/4

Diagram 8: A musical staff in 4/4 time. The first measure contains four eighth-note rests, each labeled with a '3' above it. The second measure contains four eighth-note rests, each labeled with a '3' above it. The third measure contains four eighth-note rests, each labeled with a '3' above it. The fourth measure contains four eighth-note rests, each labeled with a '3' above it. The staff ends with a double bar line.

9.

4/4

Diagram 9: A musical staff in 4/4 time. The first measure contains four eighth-note rests, each labeled with a '3' above it. The second measure contains four eighth-note rests, each labeled with a '3' above it. The third measure contains four eighth-note rests, each labeled with a '3' above it. The fourth measure contains four eighth-note rests, each labeled with a '3' above it. The staff ends with a double bar line.

10.

4/4

Diagram 10: A musical staff in 4/4 time. The first measure contains four eighth-note rests, each labeled with a '3' above it. The second measure contains four eighth-note rests, each labeled with a '3' above it. The third measure contains four eighth-note rests, each labeled with a '3' above it. The fourth measure contains four eighth-note rests, each labeled with a '3' above it. The staff ends with a double bar line.



Arm Vibrato Steps to Success:

- Lightly place the finger on the string.
- Move the elbow so the finger lightly slides back and forth along the string.
- The polish movements should only be about an inch in length. There is no need to move too far along the neck.
- The thumb should rock back and forth but keep the pad of the thumb fixed to the neck.
- The knuckle should be pulled away from the neck to insure free movement of the hand.

Start with the 2nd finger or 3rd finger. Try others too. The focus is on movement.

61.



62.

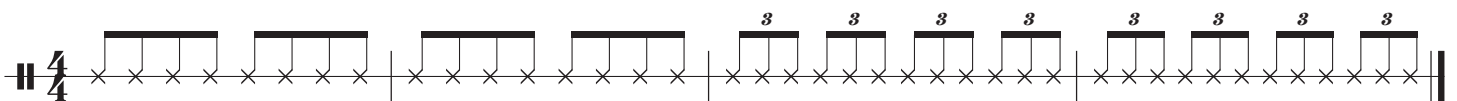


63.



64.

VIDEO DEMO



65.

