



About the Composer

John Helgen currently serves as Director of Music at Roseville Lutheran Church (ELCA) in suburban St. Paul, Minnesota, where he plays the piano and organ and conducts several vocal and instrumental ensembles. A native of Minnesota, John attended St. Olaf College in Northfield, MN, where he received a B.A. in Music Theory/Composition, studied piano, organ, voice and the euphonium, and was a member of the St. Olaf Band and the St. Olaf Choir. He is a graduate of the University of Minnesota School of Law. Since 1979, John has lived in Minneapolis and has been active as a piano player, arranger, composer, performer, and producer. A member of ALCM, ACDA, and ASCAP, he is the author of over seventy published choral anthems and arrangements as well as numerous resources for worship published through Neil Kjos Music, Augsburg Fortress, MorningStar, Choristers Guild, CPH, and Walton Music. For more information, visit www.johnhelgen.com.

Evening and Morning

I will bless the Lord at all times; the praise of God will be ever in my mouth.
Proclaim with me the greatness of the Lord; let us exalt God's name together!

Evening and morning, sunset and dawning,
Wealth, peace, and gladness, comfort in sadness:
These are your works, rich in glory divine!
Times without number, awake or in slumber,
Your eye observes us, from danger preserves us
Causing your mercy upon us to shine.

Gracious Lord, hear me, pardon and cheer me;
Calm all my terrors, blot out my errors,
That justified in your sight I may stand.
Order my goings, direct all my doings;
Guard me and guide me, stay close beside me;
All I commit to your fatherly hand.

To God in heaven all praise be given!
O God, we offer and gladly proffer gifts from your hand;
These alone you will prize.
Hearts that receive you and faith to believe you;
Hymns that adore you are precious before you
And to your throne like sweet incense arise.

Commissioned by Trinity Lutheran Church, Madison, Wisconsin, in memory of
and with thanksgiving for Arlyn Fredrick Fuerst (1942-2011),
organist and choir director from 1964 to 2007

Evening and Morning

for Mixed Choir (SATB), Keyboard, and Flute (C Instrument)

Text: Psalm 34 and
Paul Gerhardt (1607-1676)*

John Helgen (ASCAP)

Jubilant! (♩ = c. 88)

Flute *mf*

Soprano *mf*
I will bless the Lord at

Alto *mf*
I will bless the Lord at

Tenor *mf*
I will bless the Lord at

Bass *mf*
I will bless the Lord at

Keyboard *mf marcato*

*Text from "Evening and Morning" by Paul Gerhardt, composite translation,
copyright 2006, Augsburg Fortress Publishers. Used by permission.

Duration: ca. 4:00

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div. *unis.* *div.*

all times; the praise of God will be ev-er in my mouth.

all times; the praise of God will be ev-er in my mouth.

all times; the praise of God will be ev-er in my mouth.

3 all times; the praise of God will be ev-er in my mouth.

6

unis. f *div.*

Pro-claim with me the great-ness of the Lord;

f Pro-claim with me the great-ness of the Lord;

f Pro-claim with me the great-ness of the Lord;

f Pro-claim with me the great-ness of the Lord;

6 Pro-claim with me the great-ness of the Lord;