#### CONTENTS

### CHAPTER 1: PARABLES, PROMISE, PERSPECTIVE

HOW'S YOUR MEMORY?	3
PROFONDO'S PROMISE.	5
"I JUST PLAYED IT WELL AT HOME." - (A LITTLE STORY)	6
OUR AWESOME BRAIN.	8
"ONLY ONE HUNDRED MISTAKES TODAY!"	13
	14
THE SIMPLE SECRET.	15
WHAT IS "PRACTICE?" A FIVE-STEP DAILY PRACTICE PLAN	16

## CHAPTER 2: PRACTICAL PERFECT PRACTICE

THE ESSENTIAL ELEMENTS OF	STRONG MUSICAL MEMORY.	19
PIZZAS AND PUZZLES.		22

# CHAPTER 3: PREPARE, PRODUCE, PERCENE

REINFORCING THROUGH REPETITION.	28
THE PROCESS.	29
ALWAYS MUSICAL, NEVER MINDLESSLY MECHANICAL.	31
SLIP-UPS STICK!	33

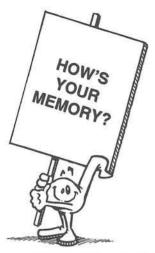
### CHAPTER 4: PRACTICE PLAN PROFILES

FASTEST LEARNING - OR "EASY COME, EASY GO."	35
FAST PATH TO FLUENCY.	36
FOR MAJOR WORKS SCHEDULED FOR FUTURE PERFORMANCE	37
TOR INFOOR HOLLIS SOLITOR	

### CHAPTER 5: PLEASURABLE PUBLIC PERFORMANCE

WHY PERFORM?	39
SECURITY AND CONFIDENCE.	41
RECITAL DAY	43

### Parables, Promise, Perspective















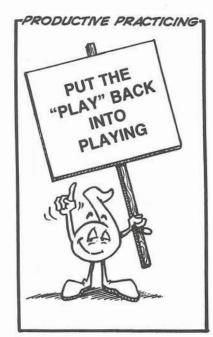
UNFORTUNATELY, HUNDREDS OF



BUT MOST CANNOT REMEMBER

THOSE WORKS EVEN A FEW WEEKS















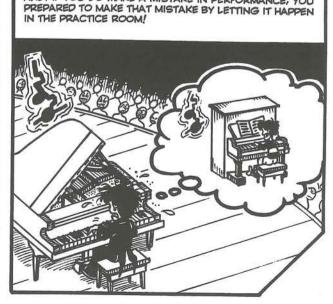












AND, IF YOU DO MAKE A MISTAKE IN PERFORMANCE, YOU