

**FIRST YEAR**

Music is a gift that can be shared with all people.

**1** *posture, breathing*

**Joyfully**  
*mf*

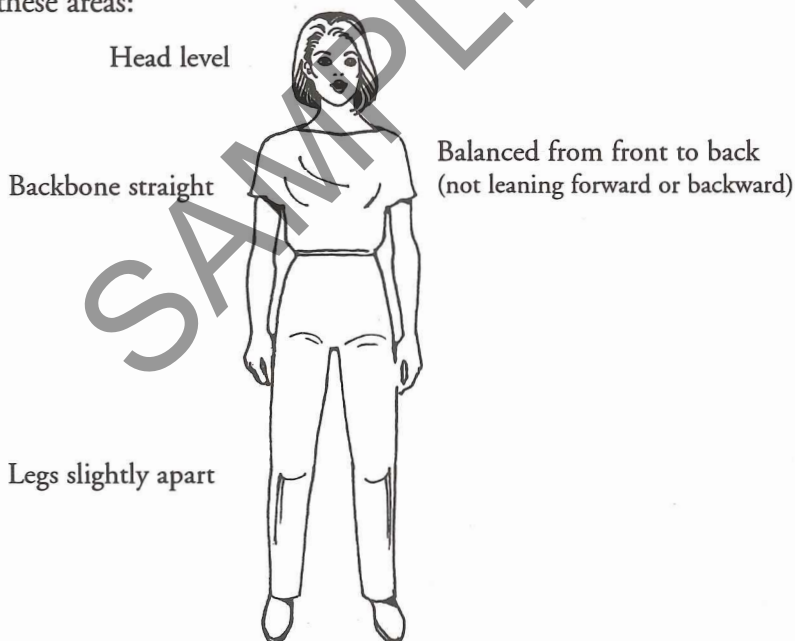
Unison

Sing a song that lights up the world. Sing a song of beauty, a song of joy.

Piano

**TIPS**

1. Practice good singing posture during every rehearsal. Look good and sound good!
2. Check these areas:



Balanced from side to side

3. As you inhale through your mouth, feel your tummy expand.
4. Keep your shoulders down as your lungs expand with air.

## 2 tone quality, legato singing

Slowly (inhale) *mp*

Unison

Piano

Oh, can you see the  
old oak tree? Can you see the bright blue sky?

### TIPS

1. Keep the air moving smoothly forward to create a good tone quality.
2. Use your tummy muscles to control the air pressure. Push out slightly with your tummy as you steadily release the air.
3. Continue to sing right to the end of each note.
4. Let your voice fill the room with sound during each note.

## 3 tone quality, beat

Andante *mf*

Unison

Piano

Strong as an ox walk - ing down the road; —  
Loud as a crow, ug - ly as a toad. —

### TIPS

1. Open your mouth north/south to let the sound come out freely. Your tone quality is much better when it is not muffled by a half-closed mouth.
2. Feel the beat moving steadily inside your body as you sing.

#### 4 precision, creating a good ensemble

Very slowly  
*mf*

Unison

Chains of pre-cious met - al with pat-terns well en - twined,

Piano

Gold, bronze, and sil - ver are shin - ing in the sun.

#### TIPS

1. Begin each phrase precisely together with the rest of the choir. Each beginning sets the standard for the rest of the phrase.
2. Be prepared to react quickly to the directions of the conductor. Follow your conductor as the tempo changes. Be flexible!

#### 5 tone quality, markings

Legato  
*mf*

Unison

Hot-ter than a sum-mer day, Let all your cares fade a - way.

Piano