

CONTENTS

Foreword	2
Letter to the Students	4
Duple Rhythm Chart.....	5
Exercises 1 through 9 (Duple Eighths)	6
Triple Rhythm Chart	15
Exercises 10 through 18 (Triple Eighths)	16
Exercises 19 through 33 (Duple Sixteenths)	25
Exercises 34 through 41 (Triple Sixteenths)	40
Odd Meter Rhythm Chart	48
Exercises 42 through 45 (Odd Meters Rhythms)	49
Blank Staff Paper	53
The Composers	56



ISBN 0-8497-8541-3

© 1994 Nell A. Kjos Music Company, 4380 Jutland Drive, San Diego, California, 92117.

International copyright secured. All rights reserved. Printed in U. S. A.

WARNING! The contents of this publication are protected by copyright law. To copy or reproduce them by any means is an infringement of the copyright law. Anyone who reproduces copyrighted matter is subject to substantial penalties and assessments for each infringement.