

Foreword

Winning Rhythms is a self-paced, step-by-step method for teaching rhythm concepts. It works well in conjunction with the study of **any** musical instrument, or by itself for independent practice.

There are several ways to use **Winning Rhythms** depending upon your level of proficiency:

JUST STARTING

- Clap the rhythms.
- Use a percussion instrument to tap out the rhythms.

FIRST YEAR

- Play each line on any single pitch.

INTERMEDIATE

- Play each line on different notes of a scale.

For example: on page 2, read line A playing the note C; line B on the note D; and line C on the note E, etc.

- Play each line melodically up or down the first four steps of a scale. For example:



This will help you improve rhythm counting while you simultaneously learn SCALES and FINGERING TECHNIQUE.

ADVANCED

- Play all the notes of a scale. For example:



- Practice each lesson at various tempi. Start slowly, gradually increasing the speed.

AT EVERY LEVEL

- Write in the counting under each note.
- Count aloud and clap the rhythms before playing.
- Keep a steady beat throughout.

Remember to take the time to understand each new rhythm before attempting to practice the exercises in each lesson. Do your best to perfect each lesson before going on to the next. By working carefully, you will soon be a better musician, because, with rhythm problems out of the way, you can concentrate on other aspects of musical performance.

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