

# TO THE STUDENT

The studies in this book are designed to help you play the piano with ease and control. Allow time each day for technic practice. You might use these studies as warm-ups before beginning to practice your pieces.

Think of these three points often.

## HEIGHT

Sit up high enough to reach the keys easily. Your wrists and forearms should be in a *straight line* over the keys. Do you have a piano stool or a piano chair at home which moves up and down? If not, cushions or telephone books will help raise you up when you practice.

## POSTURE

Sit up *straight* in front of the center of the piano (by the piano's name). Place your feet flat on the floor. Do your feet reach the floor? If not, it is helpful to have a foot-stool under them when you practice.

## HAND POSITION

When playing the piano, hold your fingers in a nice *curved shape*. Imagine you are holding a ball. This is the way the fingers should be curved when playing the piano.

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